

# THE FOURTH ANNUAL NEWCASTLE UNITED SPORTS

(A.A.A. Laws and N.C.U. Rules)

ST. JAMES' PARK, Newcastle-upon-Tyne, 1

SATURDAY, JULY 23rd, 1949

2.30 p.m. to 5.30 p.m.

Sports held wet or fine. Covered accommodation for 20,000

## A.A.A. EVENTS INCLUDE

100 YARDS INVITATION SHORT LIMIT (5 yards) H'CAP.  
440 YARDS INVITATION SHORT LIMIT (20 yards) H'CAP.  
880 YARDS INVITATION SHORT LIMIT (40 yards) H'CAP.  
ONE MILE INVITATION SHORT LIMIT (80 yards) H'CAP.

PRIZES for each event: 1st, £7 7s., 2nd, £6 6s., 3rd, £5 5s.

## ONE MILE INVITATION RELAY (440, 220, 220, 880).

1st Team 4 prizes £7 7s. each. 2nd Team 4 prizes £5 5s. each.

Winning Team holds for one year "Newcastle United" trophy,  
value 100 Guineas.

Present Holders: Manchester A.C.

## OPEN EVENTS INCLUDE

100 YARDS OPEN HANDICAP £7 7s. £5 5s. £3 3s.

ONE MILE OPEN HANDICAP £7 7s. £5 5s. £3 3s.

880 YARDS OPEN JUNIOR (17—19 years) TEAM RACE—

4 to run 3 to count. Prizes 3 x £5 5s., 3 x £3 3s. 1st Junior to  
finish £4 4s., 2nd Junior, £3 3s., 3rd Junior, £2 2s.

All above Prizes, exclusive of Purchase Tax, Guaranteed full value and  
exchangeable for Winner's Choice.

Also First Class Cycling programme with maximum value—Firsts £15 15s.

Entry forms and particulars of meetings in the same area July 25th and  
27th from the Hon. Sports Secretary:—

J. VEITCH, 18 Jubilee Road, Gosforth, Newcastle-upon-Tyne, 3.  
Telephone—Gosforth 54603.

MAY 1949

Vol. 4 Nos. 1 & 2

# THE SCOTS ATHLETE

PRICE

6<sup>p</sup>



Photo by H. W. Neale.  
Steve McCooke leading from the Frenchmen, R. Pujazon, C. Cerou, and the  
winner, A. MIMOUN (behind Pujazon) during the International at Dublin.

## FOURTH BIRTHDAY SOUVENIR

MESSAGES :: FEATURES :: PHOTOGRAPHS  
SPORTS DATES AND PUBLICITY



## GLASGOW POLICE SPORTS

(Under S.A.A.A. and S.N.C.U. Laws)

SATURDAY, 11th JUNE, 1949, at 2.30 p.m.

IN HAMPDEN PARK, GLASGOW

(Kindly granted by Queen's Park F.C.)

## PREMIER OPEN MEETING IN BRITAIN

### EVENTS—

100, 220, 880 Yards, 1 Mile, High Jump, Putting 16-lb. Ball, all open Handicaps. 100 Yards Youth's Handicap, 100 and 880 Yards, and Relay Race, all confined to Police. School's Relay Race. 800 Metres Cinder Scottish Championship Cycle Race and 1,000 Metres Cycle Race Handicap.

### SENIOR FIVE-A-SIDE FOOTBALL.

AMERICAN, EUROPEAN AND BRITISH CHAMPIONS  
WILL COMPETE IN SPECIAL EVENTS.

### BRITAIN'S MOST VALUABLE PRIZE LIST.

ENTRIES close on WEDNESDAY, 1st JUNE, 1949, with LUMLEY'S LTD., 80 Sauchiehall Street; RUSSELL MORELAND & McARA, LTD., 233 Argyle Street; THE SPORTSMAN'S EMPORIUM, LTD., 103 St. Vincent Street, or with the Convener, T. D. McKIE, Central Police Office, Glasgow, C.1.

ADMISSION: SOUTH STAND, 7/6, 6/- and 4/6.

All seats numbered and reserved.

Tickets on Sale at above Agencies or from any Police Office.

SOUTH ENCLOSURE, 3/-; GROUND, 1/6;

CHILDREN, 1/-.

## THE SCOTS ATHLETE

### 4th BIRTHDAY MESSAGES



From—  
**JAMES GILBERT,**  
Hon. Secy.,  
Scottish Amateur Athletic  
Association

THE birth of your publication took place in April, 1946, and in your No. 2 issue of May, 1946, there appeared a letter from me congratulating you on the high standard of your publication.

Well, here I am again to congratulate you further—after a period of exactly three years—on the fact that you have been able, in spite of many trials and tribulations known to me, to maintain that high standard.

The original objects of the publication—to stimulate interest, to develop enthusiasm, and to encourage sportsmanship in Scotland—appealed to me very much, and I feel sure that your publication has served a very useful purpose to athlete, official, and club.

Following the Olympic Games we were possibly entitled to look forward to a normal track and field season, but, with the appointment of a National Coach, Empire Games in the offing, European Championships in another year, it looks very much as if both athletes and officials are faced with years of "sweat and toil!" But this is as it should be if any progress in our sport is to be made, and your publication affords a ready medium to athlete and official alike for helpful suggestions, constructive criticism, informative articles, and interesting "snippets." I know it would assist you to a great extent if athletes would recognise your publication as their own magazine and co-operate by forwarding an annual subscription. This co-operation would ensure a development in the aims and objects of your magazine, quite apart from the satisfaction of increased circulation.

With the re-formation of the Scottish Women's A.A.A. a new "clientele" might be cultured, and "The Scots Athlete" can, I am sure, extend the courtesy of its pages to that Association's notes, information, etc.

Again congratulations on your fourth birthday—I trust I may be available to extend congratulations at the end of the next three years!

Yours sincerely,

JAMES GILBERT.





## Well done, "Scots Athlete"!

*In the last three years you have, as it were, found your feet in the sprints; you've come up the straight in fine style for a comparative novice. Now we, your readers, will be watching your progress keenly—and giving you every support—as you tackle the longer stretches in the years ahead.*

*Charlie Robertson*

*Scottish Marathon Champion.*



*Photo, with acknowledgment to  
"News Chronicle."*

From—

**JACK C. G. CRUMP**  
Hon. Secretary and Team Manager,  
British Amateur Athletic Board.

MAY I be amongst those who will wish to greet "The Scots Athlete" upon its Fourth Birthday and wish it many more years of successful effort on behalf of Amateur Athletics in Scotland and therefore Amateur Athletics in Great Britain.

May I too offer my congratulations and warm wishes to its Editor and to its editorial contributors, who really do present news and views in an objective and constructive way.

It needed a bold and a generous spirit to launch this publication and there can be not the least doubt that its appearance has contributed considerably to increasing interest in athletics in Scotland.

If we are to truly help forward our sport, it is essential that we should all be well informed about it, and not form our opinions from talk and print which arise from lack of knowledge of the true facts. Your journal does assist us to know the details and to form a considered opinion.

Whatever good "The Scots Athlete" has contributed to Athletics since its very first issue, and I should certainly assess this to be considerable, I'm sure it can do even more in the immediate future.

Never before has athletics had such an opportunity as is given it to-day. The public are interested, youth generally is attracted, and coaching has never been better nor more available.

Probably the Olympic Games can be given as the reason, but whatever the cause may be, the fact remains that we can expect a tremendous demand from embryo athletes for facilities and training this summer.

In my view, the success of athletics as a major national sport depends entirely upon the efforts of clubs to meet this demand in the next few months.

Enterprise and even financial outlay at this stage needs to be expended on attracting and catering for these potential new athletes, and most clubs in Scotland can, I think, play their part.

The foundations of our Olympic team for 1956 can be laid in the forthcoming season.

Scotland has the talent, the clubs, the officials and the coaching assistance, to ensure that her effort can be a really big one in the endeavours we must all make in the forthcoming months. And may "The Scots Athlete" be the means of rallying all well-wishers to this athletic campaign.

Yours sincerely,

JACK C. G. CRUMP.



**ANDREW FORBES**

Scottish 3 Miles Champion and Record Holder.

**R**UNNING in the International race at Dublin he finished first Scot in 15th position. This was a remarkably good performance considering he was not fully recovered following a severe chill received at the Scottish "National."

The athletic career of "Andy" lends inspiration. For a few years prior to the war he was just an ordinary member of his club, Victoria P. A.A.C. In 1939, he was only their 11th counting man when they won the Midland District 7 miles team championship. But he was enthusiastic and had plenty of club spirit.

During the war period he broke into top-grade and has since stayed there winning track and country titles and setting his 3 miles record in 1947.

An unfortunate foot injury last year spoiled his chances of gaining Olympic selection. He will be competing at most of the major meetings this summer. Though a modest and unassuming type he is always a real "crowd-pleaser" with his determined efforts. One of Scotland's best ever athletes he has added charm to our sport.

He sends this message:—

On this, the **FOURTH BIRTHDAY** of "THE SCOTS ATHLETE," I am very pleased indeed to have the opportunity of offering my heartiest congratulations.

I'm sure I speak for the majority of athletes in Scotland when I pay this little tribute to a magazine which has given such admirable service to athletics, not only in Scotland, but throughout the Empire, and which has helped in no small way to encourage that certain element which is necessary to keep our sport clean, alive, and up-to-date.

Personally I look forward to every issue and proudly possess these for re-reading and reference.

My very best wishes for your future success.

Yours sincerely,

A. FORBES, Victoria Park A.A.C.



Photo by H. W. Neale.

**THE SCOTS ATHLETE**

TO STIMULATE INTEREST IN  
SCOTTISH AND WORLD ATHLETICS

EDITED BY - WALTER J. ROSS

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**JOHN EMMET  
FARRELL'S**



**W**ITH the cross-country season over, climaxed by the brilliant International at Baldoyle, we are now in the throes of what promises to be a successful and enjoyable track season. With no Olympic Games in the immediate offing there should be less tension among the more notable competitors, though with selection for next year's Empire Games dependent on this season's championships the feeling will not be entirely absent.

Whilst the summer season is warming up perhaps there will be time to cast a reflective eye on some of the more salient points of the recent International.

#### Forbes Maintains Tradition

From the Scots point of view it is disappointing to record the poor form of the team, Andy Forbes being the only Scot to show any semblance of real form. Strange that Andy, given his place only by vote of committee because of his known class, should justify his sponsors

and continue the tradition maintained to give only two examples by Alex. Dow in 1937 and so brilliantly by Jim Flockhart at Paris in 1947. Strange also that the three runners selected by vote this year, Andrew Forbes, Bobby Reid, and George Craig, should prove our three best in 15th, 28th and 32nd places. Craig indeed ran a very steady and judicious race in the field of 62 starters. Jim Fleming stitched badly and had a most disappointing race. Still it was a memorable season for Jim to add the cross-country bay to his mile title, a remarkable demonstration of versatility.

Jim Reid could not get going at all, and I have the feeling that he had not quite thrown off the effects of his brilliant effort at Ayr. Jim Flockhart's running puzzled me somewhat. He appeared to be in excellent condition and just rarin' to go, but Jim was far back right from the start and although he was making ground towards the finish he was too late to



make any impression on the field. Not too much was expected of our two youngsters and the experience may help them for future events. Of my own display it must be my worst ever comparable to my poor running in the Perth to Dundee race of 1947.

#### French Team Was Relentless

The relentless pacing of the French team was one of the most attractive features of the race. What a great trio were Mimoun, Pujazon and Cerou, always lying handy, ever ready to pounce and take the initiative. Pujazon in particular though finally losing to Mimoun's late burst, played a Captain's part in nursing his team-mates through. In the world of cross-country he is still the supreme artist, a runner who appears to make one of the toughest sports known a thing of ease and graceful indifference.

#### But McCooke Was The Hero

But it was Steve McCooke who captured all hearts by his magnificent and thrilling bid to win for Ireland, and though only finishing 4th it will probably do down as "McCooke's Race."

Is it significant that this great French team were studded with men of speed and proved ability on the track? Pujazon, of course, is well-known as a versatile speed-merchant, for apart from his ability as a steeplechaser, he is a first-rate performer over both 1,500 and 5,000 metres.

Consistent Roger Petitjean covered 1,500 metres last year in 3 mins. 54.8 secs., a time equal to Douglas Wilson's 1948 best. Jean Vernier was even faster with a time of 3 mins. 52 secs. Fastest of all Frenchmen at this distance during last season with the exception of Marcel Hansenne who is of course a track specialist was the new young Algerian sensation, 19 years-old El Mabrouk, whose time was 3 mins. 51.2 secs. Unlike England with Saunders, the French selectors did not pick him as they thought he was too young and inexperienced for such a stern stamina test as the International event.

International winner, Mimoun, showed 14 mins. 39.8 secs. for 5,000 metres and

me at Dublin that staying power and not speed was his forte, covered 10,000 metres in the very creditable time of 31 mins. 22.4 secs.

#### Miranda Likes Mud

The Spanish team made quite a creditable re-appearance to this International series and their 4th place was the result of steady team running. Constantino Miranda, the Spanish champion, due to some splendid last lap running finished 9th, an excellent position for one who surprisingly enough prefers the heavy going. Many will remember seeing Miranda at Wembley where he qualified for the final of the Olympic Steeplechase. On indicating surprise to one of the Spanish party that Miranda coming from "Sunny Spain" should prefer heavy going, I was politely but firmly informed that it does rain in Spain and especially in certain districts round the borders.

Another splendid Spanish performer was that of young Jose Coll who finished just 2 places behind his more renowned compatriot in 11th place. It was most revealing to learn that this young man trains only twice per week, which seems to indicate that he is a natural runner. However, though Coll has normally just two training sessions per week he has a hard out-door manual job and does a lot of walking to and from work. This routine does in itself constitute a sound training basis and may compensate for his otherwise easy programme.

The entire Spanish team were a care-free bunch of lads, gay and debonair, who added colour to the scene right down to their flamboyantly ornamental jerseys. These caught the eye of the Scots runners and after the race both teams made a hasty exchange of singlets which apparently proved mutually satisfying. The Spanish officials showed in conversation that they were well informed and had the interest of sport at heart.

#### Belgian Landslide

Easily the most surprising feature was the slump in form of the Belgian team. From their brilliant victory of last year to a poor 5th is certainly dramatic, yet so

and containing five of that brilliant personnel, the difference in form makes a revealing study. John Doms their best performer fell from first to twelfth place, rugged Emile Renson from 2nd to 38th.

Frans-Wauters from 5th to 34th, temperamental Van de Wattyne this years Belgian champion from 13th to 24th and worst of all was the decline in fortune of the wonderful veteran and twice runner-up Chapelle from last year's splendid 9th to 45th place.

#### Such a failure teaches hope and optimism

That such brilliant exponents are capable of such a lapse in form may have a redeeming compensation. Surely if a runner could retrogress from 5th to 34th, he could progress from 34th to 5th! Perhaps not fool-proof logic, but in the last analysis the lesson is that in cross-country racing form can be more variable and inconstant than in any other branch of the sport. A runner can have a good day, on the other hand he is capable of experiencing a day when nothing can go right. The lesson is not to be too down-cast over failure but to strive for better things. It is consoling to note that even the stars can be dim on occasion.

#### Gailly to attack Chapelle 1 hour record

Last year's International cross-country champion John Doms is likely to confine his track training this summer to distances of one to two miles.

Etienne Gailly whose gallant attempt to win the Olympic Marathon was the most dramatic feature of the Games has recovered well and took part in the early part of the Belgian cross-country season. During the track season he aims to attack several of Jean Chapelle's Belgian distance track records including the 1 hour, 20, and 25 Kilometres set up by the latter in 1940. Quite obviously Gailly has the requisite speed to win the highest class of marathon race, as witness his 10,000 metres in 31 mins. 26.4 secs. It is his staying power that he requires to build up, for in the marathon super-stamina is needed over the testing last 6 miles.

this does not prevent it giving points to many others in respect of the social aspect. For this intensely amateur sport has about it an atmosphere and a spirit of camaraderie which could be copied with advantage by others.

So much so that even in the Annual International event the social side has equal status with if not actual precedence over the race itself. This remarkable achievement reflects greatly to the glory of sport; a vital spark of idealism in an age where sport itself tends to become more and more materialistic.

Let me hasten to remark nevertheless that there is no lack of the will to win in each competing nation and every individual runner is a trier doing his level best for the country that has selected him.

For over three quarters of an hour (the duration of the contest) the race itself is ultra-important, but later when the teams and officials are entertained by the host country the result of the race to both victors and vanquished has obviously become less and less significant. The French President accepting the trophy on behalf of the victorious French team is not more warmly applauded than the Welsh President replying on behalf of gallant little Wales who finished last.

Suffice to say that the organisation of the International at Baldoye was magnificent and all who contributed to its huge success deserve credit. Mr. F. Moran made a charming International President and "Billy" Morton and his henchmen were the soul of hospitality.

Apart from many athletes of International renown there were many other kenspeckle figures on view.

L. N. Richardson of the English cross-country union is regarded as part and parcel of these cross-country affairs as is our own George Dallas many years secretary and well-known athlete of his day. Similarly E. Hermes of Belgium who last year at Reading proudly accepted the Lumley shield symbolising his country's first ever victory of the series, M. Hermes promised a real royal



bronzed and well after his American tour. Conversing with Joe, was that star of the distant and not so distant past, Dunky Wright, perhaps thinking reminiscently of that last race at Baldoyle in 1931 where he himself finished a splendid 5th.

#### Road Racing and Relays in April Interlude

Despite the dropping of the Spring championships on both sides of the border there is still plenty of activity in April especially in the form of that very popular team event the road relay which calls rather for consistency of effort rather than individual brilliance though the latter also can sometimes play a vital part.

#### Titanic Belgrave—Birchfield Struggle

In the popular London to Brighton relay promoted by News of the World teams are mostly recruited from the South in order to keep the numbers within reasonable limits owing to transport difficulties. The Manchester—Blackpool relay caters for the Northern clubs. Birchfield by virtue of their position in the Midlands are eligible for both events and having won the former event they made a great bid to land the double. On this occasion they were thwarted by a narrow margin by a determined and gallant Belgrave team.

Both teams showed vastly improved form from their display in the recent National cross-country championship where they were badly shaded.

#### Olney equally good on road

The Walton A.C. 5th annual 10 miles road race took place recently at Hershaw and proved even more interesting than usual because of the debut as a road racer of H. A. Olney noted track and cross-country star who showed equal facility as a road runner and with a time of 51 mins. 3 secs. won from that versatile runner A. A. Robertson of Reading who registered 51 mins. 18 secs. G. Andrews of Finchley was a close up third in 51 mins. 20 secs.

#### Holden Heads Big Field

After his lapse in the Olympic marathon, Jack Holden proceeded to demonstrate that he was still in the top rank of Britain's distance runners by winning the

annual 30 miles road race promoted by South London Harriers. Later he showed that he still retained his speed by winning the Morpeth 13 miles race in fast time.

Now despite unconfirmed rumours of his retirement he has finished first in the Doncaster—Sheffield full distance marathon which attracted a large field of 75 runners including some of international repute.

The Tipton man completed the course in 2 hrs. 41 mins. 55 secs. over 2 mins. in front of Bert. Hemsley of Gosforth, 2 hrs. 43 mins. 58 secs. with J. A. Henning (Duncairn Nomads) and last year's winner 3rd in 2 hrs. 44 mins. 50 secs. C. H. Ballard ex-winner of the famous Polytechnic marathon finished 4th. On this display, Hemsley is still improving and may be worth watching in future marathons.

#### Scott's good show

Eddy Farrell (Garscube Harriers) finished 11th of the 75 starters and considering the fact that the field was an exceptionally good one, his performance rates even better than its face value. Despite taking up racing rather late in his career and being now in the veteran stage the Garscube man is of the type that can stay for ever. He sets a steady pace and maintains it to the finish. If he cared to attempt a more ambitious schedule I believe he could be placed in the Scottish Marathon Championship.

#### Cream of American and European talent for Police Gala

The British Games on Whit Monday, June 6th at the White City are expected to be a sell-out with a crowd of some 80,000. No wonder, with such an array of brilliant athletes on display. The American team is headed by world famous sprinter-hurdler Harrison Dillard, high jumper Dick Phillips, Fred Wilt and Curtis Stone; Gaston Reiff of Belgium, Marcel Hansenne of France, and Willy Slykhuis of Holland, plus a strong Norwegian team including high jumper Paulson, joint runner-up in the Olympic event will be there. Yes there is definitely a public for athletics when talented exponents compete in a meeting which is well organised, well advertised and established.

It is good news to learn that the Glasgow Police have "captured" the majority of these stars for their meeting on 11th June.

#### Veteran Hurdler Still Tops

It is a pleasant surprise to find Don Finlay again heading a strong British team at the White City. The Olympic Games at Wembley was regarded as the famous veteran hurdler's swan song. But at 42 Finlay is still training and very fit. Though he may be shaded by the brilliant speed of Dillard and company, I fancy many eyes will be specially focussed on the man who has for years revealed such matchless technique over the "sticks."

#### What of Alan?

It will be intriguing to see how Alan Paterson comports himself this season. Despite his apparently disappointing season last year, it is well to remember that to Alan fell the honour of jumping higher than any other European except the Russian Ilyasov who cleared 6 ft. 6 5/8ths ins. at Breslau last autumn. Alan earned his distinction by clearing 6 ft 6 ins. at Glasgow last June, a height equal to that which subsequently won for Winters of Australia the Olympic title. Due to studies the Victoria Park man will not be at the British Games but he is likely to be at the Police Meeting to try conclusions with Paulson and Phillips.

#### Lost Shoe—But Showed no Achilles' Heel

There was a mammoth entry and a high standard of performance in the London A.C. School's Championships, but no event compared with the mile for drama and brilliance. Despite an unimpressive start and losing a shoe P. J. Robinson of King's Taunton finished strongly to beat stylish D. J. Williamson (Cheltenham College) trained by A. G. K. Brown, in the new record of 4 mins. 25.2 secs. (lap times 65.2, 69.1, 66.7 and 64.2).

This substantially beat A. H. Chiver's previous record of 4 mins. 29.2 secs. Even Sydney Wooderson was slower when he ran in that particular championship. With Robinson well nursed and Roger Bannister, Britain, should be well off at Helsinki in the 1,500 metres event at least.

#### Steve McCooke Breaks Irish 10 Miles Record

On Saturday, 30th April, Steve McCooke continued his excellent form by winning the Irish 10 miles championship and smashing the record with a time of 52 mins. 31.4 secs. against the old record of 54 mins. 10 secs.

Also inside the record were J. A. Henning (Duncairn Nomads), 53 mins. 47.8 secs., and C. B. Owens (E. Antrim), 53 mins. 55.6 secs.

Henning, the well-known marathon runner amply demonstrated that his long distance efforts have not blunted his speed.

#### Zatopek for America

In his first race of the season Czechoslovakia's 10,000 metres Olympic champion and record holder Emil Zatopek completed 5,000 metres in 14 mins. 23.6 secs., a mere 6 secs. outside Gaston Reiff's Olympic record for this distance. This is a fine warming-up effort for his coming trip to U.S.A. Zatopek leaves for the States on 8th June and is scheduled to appear at Los Angeles on 30th June.

#### Scottish Championships—Contenders Tuning-up

Hardly is the track season started before we are on the threshold of the championships. Because of the early nature of their fixtures the University athletes are usually well forward in condition, and Robin Ward, Robin Boyd and talented Nigerian jumper S. O. Williams are already revealing form which if sustained should ensure them playing a prominent part in the championships proper.

#### John Joe Barry is Eligible

Now resident in Lennoxton and running under the colours of the local St. Machan's, John Joe Barry will be eligible for this year's championships. Thus early in the season John Joe has shown that his cross-country efforts have not blunted the brilliant speed which earned for him the title of the "Ballycurren Hare." Barry is both versatile and unorthodox to such an extent that he could run in the 1 mile or the 3 miles or



even both events. Should he confine his attentions to the mile he would appear to have the edge on his opponents including holder Jas. Fleming and ex-holder Frank Sinclair. Still the Motherwell man should be capable of improvement and could the latter really get down to a serious preparation, well even Barry would know he had been in a race.

#### S.A.A.A. Officials Were Generous

A trip down to London to compete in the A.A.A. championships will be a

special prize for many of the championship winners. Last year the S.A.A.A. sent a large and representative team down south, for both Senior and Junior Championships, a most generous gesture which was, I am sure, appreciated by not only the athletes themselves, but by all followers of the sport in Scotland. A good showing in London might even clinch a place in the Scots team to compete in the British Empire Games at New Zealand early next year.

## The Seven Nations International 9 Miles Race at Dublin

PHOTOS BY H. W. NEALE.

### The Scottish Team



L. to R. (Back Row)—A. NANGLE (Motherwell Y.M.), Team Manager; A. FORBES (Victoria Park A.A.C.); J. FLEMING (Motherwell Y.M.); J. E. FARRELL (Maryhill H.); G. B. CRAIG (Shettleston H.); T. STEVENSON (Greenock Wellpark H.); T. McNEISH (Irvine Y.M.).  
Front Row—J. C. FLOCKHART (Shettleston H.); J. REID (West Kilbride A.S.C.); R. REID (Birchfield H.).

## THE START—



Leaders after the first half-mile start of the cross-country trail. Note the large crowds in the Baldoyle Racecourse Stand. STEVE MCCOOKE, the heroic Irish runner is leading followed by his bare-footed countryman, PADDY FAHY. Last year's winner, JOHN DOMS (Belgium) is being passed by the English C.C. champion, FRANK AARON (all white). An interesting study is that not one of the speedy French team can be observed near the front at this stage. They were easy winners of the team race and had first three men home. Were they more concerned with pace judgment at the start?

## —THE FINISH



ALAIN MIMOIN (France) just beats his great team-captain RAPHAEL PUJAZON (1946 and 1947 International champion) in a desperate finish.



## THE VALUE OF COACHING

Dear Editor,

I was sorry to see Mr. G. S. Barber's observations in the April "Scots Athlete" on Coaching. Such misleading statements can only hinder the great work which Mr. H. A. L. Chapman is commencing in Scotland, the benefit of which should be felt in a few years time.

Some of the old die-hards still think in the strain "what was good enough in my day should be good enough now," and that is largely the reason why the British Isles have fallen behind in the international athletics sphere. We in England are just beginning to see the start of the great benefit which will accrue from the work of the Coaching Committee since its inception. I believe too, that most athletes and enthusiasts in Scotland fully appreciate that only by first-class coaching can the best be brought out of the tremendous amount of talent available anywhere.

The sole idea behind the re-organisation of the Coaching list was that, on the one hand there were international athletes who had passed through Loughborough with honours and had every qualification as coaches, whilst at the other end of the scale were those who in some instances had no competitive background, had no knowledge of physiology whatever, and whose ideas were fundamentally unsound and detrimental if imparted to others. In between were coaches of varying knowledge and ability. Obviously a most unsatisfactory state of affairs.

The re-organisation then, was made with the idea of ensuring that it was not a case of the blind leading the blind, as was often the case with the old order of things which Mr. Barber found so satisfactory. A certain standard had to be set, and some form of examination was necessary. The Chief Coach and the Coaching Committee are quite a knowledgeable crowd, despite Mr. Barber's scepticism, and quite capable of deciding a coach's ability.

Some of the writer's remarks were sheer nonsense. The suggestion that anyone can be a coach to a champion,

and that a champion is born, not made, for instance. If Scotland is just going to sit back and develop themselves, then I'm afraid they're in for a thin time, and will still be waiting in 50 years time.

The majority of our past champions owed much of their success to their coaches, and were only too ready to admit it. Maureen Gardner would never have been a hurdler at all, let alone an Olympic runner-up, if it had not been for Geoff. Dyson; Cyril Holmes would never have reached the heights he did but for Mr. Kershaw, the Manchester University coach; the vast majority of the famous Varsity athletes who provided so many of our champions between the wars had the marks of Alec Nelson (Cambridge) and Bill Thomas (Oxford) indelibly stamped on them. One could go on indefinitely.

I couldn't agree more with Mr. Barber that tracks and grounds are a vital necessity, but they go together, not separately. If grounds are difficult to obtain, this is no reason why we should hold back the vital coaching which will do so much to produce the champions of the future; and if Mr. Barber thinks it so difficult to decide which athletes may be up to international standard I can assure him the coaches don't find it so hard. But every boy gets an equal chance, so that any difference in development can have no detrimental effect on the promising young athlete.

I think the main trouble is that Mr. Barber has little or no knowledge of what is being done in the way of coaching—in this country at any rate. A visit South to one of our main tracks would, I think, be an education, particularly if he saw Geoff. Dyson at work, or for that matter George Pallett or any one of a number of other competent coaches. His views would change overnight.

Yours sincerely,

P. W. GREEN,  
A.A.A. Senior Hon. Coach.

Rainham, Kent.

## EDINBURGH-GLASGOW ROAD RELAY

Organised by "NEWS OF THE WORLD"

**SHETTLESTON HARRIERS LEAD FROM START TO FINISH TO WIN BY A RECORD TIME MARGIN.**

### FIRST RELAY— ST. ANDREWS SQ. to MAYBURY (5½ Miles)

Record: R. B. MCINTOSH (Greenock Glenpark)  
26 mins. 5 secs., 1936.

	M.	S.
1.—Shettleston H. (C. Wallace) ...	29	56
2.—Greenock Glenpark (W. McLean) ...	30	03
3.—Victoria P. A.A.C. (D. McFarlane) ...	30	07
4.—Vale of Leven A.A.C. (F. Lacey) ...	30	52
5.—Edinburgh Southern (G. Mitchell) ...	30	56
6.—Maryhill H. (G. Porteous) ...	30	58
7.—Springburn H. (R. F. McLean) ...	31	12
8.—Garscube H. (J. J. Duffy) ...	31	19
9.—Clydesdale H. (D. Scott) ...	31	20
10.—Plebeian H. (W. McInnes) ...	31	33
11.—Bellahouston H. (A. Dunwoody) ...	31	40
12.—Hamilton H. (G. McGill) ...	32	49
13.—Glasgow Police A.A. (S. Martin) ...	33	03
14.—Olympic H. (R. Hutchison) ...	34	10
15.—West of Scotland (D. Robertson) ...	34	24

Fastest: C. Wallace (Shett. H.) 29 mins. 56 secs.

### SECOND RELAY— 6 MILES TO BROXBURN, Distance 11½ Miles.

Record: J. C. FLOCKHART (Shettleston H.)  
30 mins. 26 secs., 1936.

	H.	M.	S.
1.—Shett. H. (J. C. Flockhart) ...	1	05	33
2.—Greenock G. H. (J. Grant) ...	1	05	54
3.—Garscube H. (A. Kidd) ...	1	06	49
4.—V.P. A.A.C. (A. Johnstone) ...	1	07	14
5.—Springburn H. (T. Tracey) ...	1	07	29
6.—Bella. H. (R. Climie) ...	1	07	33
7.—V. of Leven (A. Campbell) ...	1	08	23
8.—Maryhill H. (T. K. Wilson) ...	1	08	24
9.—Edinburgh So. (R. Sime) ...	1	09	14
10.—Plebeian H. (E. Latham) ...	1	09	29
11.—Clydesdale H. (D. Bowman) ...	1	09	30
12.—G.P. A.A. (A. McGregor) ...	1	10	02
13.—Hamilton H. (J. Stewart) ...	1	11	46
14.—West of Scot. (W. Erskine) ...	1	15	19
15.—Olympic H. (G. Mathers) ...	1	15	30

Fastest: A. Kidd (Garscube H.) 35 mins. 30 secs.

### THIRD RELAY— 4 MILES to WESTER DECHMONT FARM—Distance 15½ Miles.

Record: P. McNAB (Springburn Harriers)  
21 mins. 56 secs., 1936.

	H.	M.	S.
1.—Shett. H. (J. Burton) ...	1	30	58
2.—Garscube H. (F. Robertson) ...	1	33	04
3.—V.P. A.A.C. (J. Reid) ...	1	33	12
4.—Greenock G. H. (B. Leitch) ...	1	33	41
5.—Maryhill H. (T. Harrison) ...	1	34	07

7.—Bella. H. (C. Kirk) ...	1	34	26
8.—V. of Leven (D. McPherson) ...	1	35	50
9.—Edinburgh S. (W. Gemble) ...	1	36	25
10.—Plebeian H. (C. D. Heaney) ...	1	37	25
11.—Hamilton H. (H. Gibson) ...	1	38	26
12.—Clydesdale H. (C. Middel) ...	1	39	03
13.—G. P. A.A. (R. Carr) ...	1	39	18
14.—Olympic H. (A. Steel) ...	1	45	03
15.—West of Scot. (W. Telfer) ...	1	46	15

Fastest: J. Burton (Shett. H.) 25 mins. 25 secs.

### FOURTH RELAY— 5½ MILES to ARMADALE Distance 21½ Miles.

Record: A. J. WHITECROSS (Dundee Th. H.)  
30 mins. 24 secs., 1937.

	H.	M.	S.
1.—Shett. H. (B. Bickerton) ...	2	04	18
2.—V.P. A.A.C. (A. Forbes) ...	2	05	28
3.—Garscube H. (D. Murray) ...	2	07	20
4.—Bella. H. (G. Anderson) ...	2	07	31
5.—Maryhill H. (R. Brymner) ...	2	08	27
6.—Greenock G.H. (H. Beaton) ...	2	09	04
7.—Springburn H. (H. Frith) ...	2	10	00
8.—Edin. S. (L. G. Kapelle) ...	2	12	34
9.—Hamilton H. (J. Craig) ...	2	12	44
10.—Vale of Leven (M. Connell) ...	2	12	48
11.—G.P. A.A. (K. Sigrist) ...	2	12	49
12.—Plebeian H. (H. Glasgow) ...	2	16	42
13.—Clydesdale (P. Reynolds) ...	2	17	38
14.—Olympic H. (R. Wright) ...	2	23	39
15.—West of S. (G. M. Russell) ...	2	26	02

Fastest: A. Forbes (V.P. A.A.C.) 32 mins. 16 secs.

### FIFTH RELAY— 5½ MILES to FORRESTFIELD INN Distance 26½ Miles.

Record: G. CAMPBELL (Bellahouston Harriers)  
27 mins. 57 secs., 1938.

	H.	M.	S.
1.—Shett. H. (H. Howard) ...	2	37	53
2.—V.P. A.A.C. (J. Stirling) ...	2	39	59
3.—Bella. H. (A. McGregor) ...	2	41	57
4.—Garscube H. (J. Andrews) ...	2	42	50
5.—Maryhill H. (S. Wright) ...	2	44	01
6.—Springburn H. (A. Reid) ...	2	44	47
7.—Greenock G.H. (W. Elder) ...	2	44	57
8.—Vale of L. (A. McDougall) ...	2	47	16
9.—Edin. S. (T. J. Henderson) ...	2	49	20
10.—Hamilton H. (J. McGill) ...	2	50	18
11.—G.P. A.A. (W. Walker) ...	2	51	15
12.—Clydesdale (A. Donaghy) ...	2	56	02
13.—Plebeian H. (D. Ferguson) ...	2	56	25
14.—Olympic H. (J. Menzies) ...	3	02	26
15.—West of S. (A. W. Brodie) ...	3	06	06



## THE WINNING SHETTLESTON TEAM



Photo by Peter C. Waldie.

L. to R. Back Row—A. SCALLY (Trainer), G. B. CRAIG, H. HOWARD, E. BANNON, B. BICKERTON, R. GRAY (Trainer).

Front Row—J. C. ROSS, C. WALLACE, J. BURTON, I. C. FLOCKHART.

### SIXTH RELAY— 7 MILES to AIRDRIE WAR MEMORIAL.

Distance 33½ Miles.

Record: J. C. FLOCKHART (Shettleston H.)  
33 mins. 32 secs., 1937.

	H. M. S.
1.—Shett. H. (G. Craig, 38.01) ...	3 15 54
2.—V.P. A.A.C. (J. Ellis, 39.48) ...	3 19 47
3.—Bella. H. (A. McLean, 38.47) ...	3 20 44
4.—G'nock G. (W. Williamson, 38.23) ...	3 23 20
5.—Maryhill H. (J. Hoskins, 39.20) ...	3 23 21
6.—S'burn H. (J. C. Morton, 40.05) ...	3 24 52
7.—Garscube H. (J. Gunn, 42.13) ...	3 25 03
8.—Vale of L. (W. Gallagher, 43.09) ...	3 27 25
9.—Edinburgh S. (J. Wilson, 39.33) ...	3 28 53
10.—Hamilton H. (A. Gibson, 38.39) ...	3 28 57

### SEVENTH RELAY— 5½ MILES to BARRACHNIE

Distance 39½ Miles.

Record: D. URQUHART (Garscube Harriers)  
29 mins. 3 secs., 1937.

	H. M. S.
1.—Shett. H. (J. C. Ross, 33.24) ...	3 49 18
2.—V.P. A.A.C. (C. Forbes, 33.24) ...	3 53 11
3.—Bella. H. (G. Bell, 33.26) ...	3 54 10
4.—B'nock G. (S. Williamson, 33.23) ...	3 56 43
5.—Maryhill H. (J. Wilkie, 33.49) ...	3 57 10
6.—Garscube H. (R. Black, 32.49) ...	3 57 52
7.—S'burn H. (N. McGowan, 35.33) ...	4 00 25
8.—Vale of Leven (W. Crowe, 34.50) ...	4 02 15
9.—Hamilton H. (W. Brownlie, 35.23) ...	4 04 20
10.—Edin. S. (I. W. Ferguson, 35.28) ...	4 04 21

CITY AND ROYAL BURGH OF EDINBURGH  
LIGHTING AND CLEANSING DEPT. WELFARE CLUB

## FOURTH ANNUAL ATHLETIC AND FOOTBALL GYMKHANA

(Under S.A.A.A., S.N.C.U., S.W.A.A.A. and S.A.W.A. Laws)

NEW MEADOWBANK, EDINBURGH,  
SATURDAY, 18th JUNE, 1949, at 2 p.m.

### OPEN EVENTS—

100 Yards to Mile; High Jump; 3,000 Metres Team Race;  
Medley Relay; Cycling (including 440 Yards Championship);  
Tug of War; 80 Metres Hurdles, High Jump—Scottish  
Women's Championships, Wrestling, Senior Fives, Horse Show.  
Special appearance of Jotunheim Alsatians  
Police and War Dogs.

Entry Forms from W. CARMICHAEL, 38 Royal Park Ter., Edinburgh.

ONE OF SCOTLAND'S LEADING MEETINGS  
£250 IN PRIZES.

### EIGHTH RELAY—

5 MILES to ROYAL EXCHANGE,  
GLASGOW

Distance 44½ Miles.

Record: A. AUSTIN (Bellahouston Harriers)  
24 mins. 23 secs., 1938.  
Complete Course Record: BELLAHOUSTON H.  
3 hrs. 49 mins. 47 secs., 1938.

	H. M. S.
1.—Shett. H. (E. Bannon, 26.07) ...	4 15 25
(Previous Best 3 hrs. 52 mins. 51 secs., 1937)	
2.—V.P. C. (D. Shuttleworth, 27.45) ...	4 20 56
(Previous Best 4 hrs. 3 mins. 30 secs., 1938)	
3.—Bella. H. (J. M. Lindsay, 27.06) ...	4 21 16
4.—Greenock G.H. (D. Turner, 27.12) ...	4 23 55
(Previous Best 4 hrs. 4 mins. 5 secs., 1936)	
5.—Maryhill H. (J. McBride, 27.18) ...	4 24 28
(Previous Best 3 hrs. 50 mins. 5 secs., 1938)	
6.—Garscube H. (T. Daily, 27.35) ...	4 25 27
(Previous Best 3 hrs. 53 mins. 26 secs., 1937)	
7.—S'burn H. (D. McLachlan, 27.57) ...	4 28 22
(Previous Best 3 hrs. 58 mins. 22 secs., 1938)	
8.—Vale of L. (T. Wilson, 28.27) ...	4 30 42
(Club's First Entry)	
9.—Edin. S. (H. Robertson, 28.04) ...	4 32 25
(Club's First Entry)	
10.—Hamilton H. (G. Craig, 29.01) ...	4 33 21
(Previous Best 4 hrs. 4 mins. 51 secs., 1936)	
11.—G.P. A.A. (J. McLeish, 29.44) ...	4 39 20
(Club's First Entry)	
12.—Plebeian H. (A. Brown, 30.59) ...	4 43 59
(Previous Best 3 hrs. 53 mins. 57 secs., 1936)	

City of Bradford Police  
Athletic Club

TWENTY-FOURTH  
ANNUAL SPORTS  
Saturday, 4th June, 1949

at the

Park Avenue Ground, Bradford

AT 2.15 P.M.

Grass Track—Dead Level.

£350 in Trophies and Prizes

100, 220, 880 Yds., Mile Flat Race Handicaps.

Quarter, Half Mile Cycle Handicaps.

Half Mile Short Limit Handicap (Cycle).

Price value £7-7-0, £3-3-0, £1-1-0.

Youths' 100, 880 Yards Handicaps.

Price value £5, £2, £1.

Youth Relay Race.

One Mile Invitation Relay-Race

for "The Lord Mayor of Bradford Trophy"

Two Miles Invitation Team Race

for "The Stanley Waddilove Trophy"

100 Yards Invitation (Short Limit) Flat Race Handicap.





## CHAMPIONS OF TECHNIQUE

By JAMES L. LOGAN

THE strongest incentive to athletic training is the desire to achieve something to make a name for oneself.

The youthful aspirant to athletic honours generally has a sliding scale of ambitions which is in inverse ratio to his growing experience and knowledge of his capabilities. In the novitiate stage, he dreams of Olympic victories but as his physical limitations are gradually revealed, he lowers his aim to a point which gives some promise of attainment.

Of course, it is much more difficult to achieve success in some events than in others. The sprinter and middle-distance runner, the high-jumper, and the "heavy" man must have natural ability or the appropriate physical endowment to which they can subsequently add the refinements of technique. For instance, if high-jumpers were graded according to their height as boxers are according to their weight, diminutive jumpers such as the Irishman Rafferty would win easily on points from Alan Paterson.

But, in athletics, no allowances are made for the "wee" men. We might award the moral palm to the 5 ft. 5 ins. man who jumps 6 ft. 3 ins. as against the 6 ft. 6 ins. effort by one who is that height himself; but only the best counts in the event.

We know, too, that in the running events natural ability is a requisite to performances of any note.

This, of course, is a depressing fact which must be faced by the youth who is willing to bring careful training and mastery of technique to his efforts but who has neither marked natural ability nor notable physique.

There are certain events, however, where the acquired qualities of general fitness and technique can be the dominant factors. The most notable of these is the highly spectacular pole-vault.

First of all, it should be noted that the S.A.A.A. Standard for the event is 10 ft. The world record is 15 ft. 7½ ins. but, remembering that many experts regard Warmerdam's figures as the outstanding world record of to-day, we can take about 14 ft. as world class in the event. Our 10 ft. Standard is altogether out of proportion to this height. In fact, if a similar disparity existed in the events between world and Scottish performances, our sprinters would qualify for Standards by doing 27 secs. in the "220," our high-jumpers for something under 5 ft. and our milers by clocking around 5 mins. 50 secs.

It will be appreciated, therefore, that the pole-vaulter does not need to be relatively as good as the runner or high-jumper to put himself in Scottish Championship class. It should be noted, too, that since the days of the late Pat Ogilvie, the Championship had invariably been won by an effort of somewhere between ten and eleven feet.

Physically, the pole-vault demands pace, spring, agility, body-power—and a dash of daring. The man who, by some wonderful work of nature, has been gifted with all of these attributes in a superlative degree, is indeed a superman; in fact, another Warmerdam. But we are not concerned with supermen. We are considering the opportunity which exists for a young Scotsman to make his mark in home athletics.

The important factor in the pole-vault is the co-ordination of the athlete's available resources. Modest sprinting and jumping ability, of a standard attainable by any athletically inclined youngster, and agility and body-power, which will come from body-building exercises and the actual practice of the pole-vault, are the physical requirements. It will be seen that this is the ideal event to develop all parts of the body. It is also an event

of high skill; perhaps the one that demands the greatest attention to technique. There are a dozen points to note; from the moment of the accurate run-up to the split-second release on the pole.

Class sprinters are born (whether or not they exploit their natural gifts) but good-class pole-vaulters can be made. It is an event where a young Scotsman of average physique and zeal can assuredly make a name for himself and lead others to a more respectable standard.

Another event in which a technically competent youngster could make his mark is the long jump. The native record here is 23 ft. 7 5/8ths ins., by K. S. Duncan, against Jesse Owens' world figures of 26 ft. 8½ ins., but our native record is much in advance of our current general standard.

The outstanding world figures in this event, like Owens', have usually been sprinters of class. Notwithstanding this, and remembering that we are considering home athletes, I think that this is another event where a lad can overcome lack of natural ability by the cultivation of technical efficiency.

In recent years, we have had several athletes who, as schoolboys and youths, have approached 22 ft. but who have not been able to reproduce the feat consistently as grown men. The reason, of course, is that lack of confidence in the accuracy of their run-up induces a cramping timidity in their final effort.

An athlete who has no great natural powers as a sprinter can nevertheless put himself right in the forefront of this event in Scotland if he can approach the trig. with his mind concentrated on his actual leap instead of wondering if his effort is about to be nullified because his foot is an inch over the trig.

The long jump is admittedly the most difficult athletic feat in which to be consistently successful. It is not merely a simple matter of knowing that your run-up is 24 yards 1 ft. 3½ ins. You must be able to alter that according to the state of the ground and the weather. You must be painstaking. But the man who is willing to study his event and master its difficulties will be a long time in front, even if all his hit-or-miss opponents can give him seven yards in a hundred.

The javelin is another event in which excellence of technique is of more importance than physical endowment. There might be some physical factor which determines who is to be champion and who the also rans but, so far, I have been unable to locate it. This, again, is an event where the painstaking can achieve something noteworthy.

The man who attains success in these events might not cover their sideboards with handsome handicap prizes like those who compete in the more popular events. But he can achieve what most would give all their pots to possess—the Championship plaque or even the international singlet.

### EDINBURGH WAVERLEY F.C.

#### EIGHTH ANNUAL AMATEUR ATHLETIC SPORTS NEW MEADOWBANK PARK, EDINBURGH

SATURDAY, 4th JUNE, 1949,  
at 2.30 p.m.

PRIZES valued £170 and Trophies.

OPEN HANDICAP EVENTS—  
100, 220, 550 Yards, 1 Mile and High Jump.  
YOUTHS' HANDICAP EVENTS—  
100 Yards (Gold Medal); 550 Yards.

CHAMPIONSHIPS.  
1,000 Yards Scottish Cycle Cinder Track  
(Open to all Comers)  
550 Yards Cycle Race Open Handicap.  
3 Miles Scratch Cycle Race.

HIGHLAND DANCING COMPETITION—  
Championship Shield (Gold Medal) and Open  
Competitions, under 8, 12 and 16 years.

INVITATION EVENTS—  
One Mile Medley Relay Race (Robertson Trophy)  
Three-Quarter Mile Inter-Club Medley Relay  
Race (Youths).  
SENIOR FIVE-A-SIDE FOOTBALL.

ENTRY FORMS—THORNTON'S, 78 Princess  
Street, Edinburgh; MACKENZIE'S, 29 Nicol-  
son Street, Edinburgh; LUMLEY'S, Sauchie-  
hall Street, Glasgow; or J. G. TRAIN, Hon.  
Secy., 9 Rossie Place, Edinburgh.

INTENDING COMPETITORS SHOULD NOTE  
ENTRIES CLOSE—WEDNESDAY, 25th MAY.

Music by  
Edinburgh and District Railwaymen's Pipe Band.





*O'er the hills and far awa'!*

## DRYMEN—FIRHILL RACE RECOLLECTIONS

By G. S. BARBER.

RECENTLY I was having tea with my wife in a little tea room near Drymen station. She had remarked on the pleasant spot where it was situated. Then I told her "once upon a time, many years ago" I and dozens of others had stripped in that very room—then a Joiners shop—preparatory to running the many miles back to Firhill Park. It is a long cry now since the first race on 18th May 1925, when Dunky Wright, then Caledonia A.C. won in 1 hr. 24 mins. 30 secs. with Dan Quinn, Garscube Harriers second and Andy Mitchell, Maryhill Harriers third. Wright won by over seven minutes and was such a force those days on the road that there was no one to oppose him and I had asked Sam Ferris, then a L/Corpl. in the Royal Air Force to come up and run.

Wright had beaten Ferris when he won the Poly marathon race in London on May 31st 1924, which was their first big marathon race, and both had been selected to represent Britain in the Olympic Games. Unfortunately Ferris could not manage up to the Drymen race.

I can remember the intense excitement of the first race as the runners passed through Maryhill, the dense crowds at Queens Cross cheering the runners as they passed into Firhill. One entry was Johnny Strain, Shettleston H.—I saw Johnny the other day driving a Corporation tram car—he hasn't changed much, another was Tom Blakely, who later in his career ran such a stormer over 2 miles to put up new Scottish figures.

Who will ever forget the intense duels fought out on that Drymen road between Dunky Wright and Earnie Harper, Hallamshire and the stupid mistakes made by officials in the Park at the finish, marring an otherwise perfect sporting contest.

Wright who holds the record for the course of 1 hr. 21 mins. 12 secs. made in

1926, when Harper came north for the first time to compete in the race.

Over that course, Dunky was only once beaten by a Scot—Davie Brooks who won in 1 hr. 22 mins. 49 secs. by over 100 yards. It may interest readers to know that the time of the fifth mile in the record race, was 4 mins. 57 secs. and was the mile from Auchengillan past Half-way to the milestone just up the hill alongside the golf-course, (by the way, when are they going to put those mile-stones back in place). The average mile time during the whole race was 5 mins. 26 secs., and to anyone who knows the Drymen—Glasgow road, that is some running.

I remember the time when Mike Lynch and Frank Zuna from America entered the race. Entered is the word because they did not try a leg, they only came up to see Dunky in action, for Zuna was running in the Poly marathon and wanted to have a look at the holder.

I can see yet the faces of the new competitors when they saw the hills as the bus ran them out, the sailors who were afraid to give up in the race in case they would get into trouble when they returned to their ships, and, the day the soldiers from Maryhill barracks tried their hands and there were bodies strewn along the road from Drymen.

All these memories come back when I read that there is a possibility of the Drymen race being run again this summer, and if it is, here is one who will see it.

### PRELIMINARY NOTICE

**Linlithgow Annual Sports  
IN THE PALACE GROUNDS  
SATURDAY, 23rd JULY, 1949**

FULL PARTICULARS LATER

GEO. V. RENTON, 100 High Street, Linlithgow.

## EXPECTING TO MEET YOU AT THE LANARK LANIMER DAY SPORTS

(Under S.A.A.A. Rules)

AT LANARK RACECOURSE  
ON THURSDAY, 9th JUNE, 1949, at 3.30 p.m.

### OPEN EVENTS INCLUDE—

100 Yards Flat Race Handicap, 220 Yards Flat Race Handicap, Glasgow Lanimer Cup (880 Yards) Handicap, One Mile Flat Race Handicap, Edinburgh Lanimer Cup (440 Yards) Youths' Handicap, One Mile Relay Race (Invitation).

ENTRIES close on WEDNESDAY, 1st JUNE, 1949, with Messrs. LUMLEY'S, SPORTSMAN'S EMPORIUM, or with the Conv., WM. WILSON, Sunnybrae, Park Place, Lanark.

Nos. 240 and 242 buses leave Waterloo St., Glasgow, every 15 mins.  
Regular Train Service from Glasgow.

### MAKE SURE OF YOUR COPY.

If you are not already a regular reader or a subscriber to this magazine and yet you share our desire for the promotion and development of Amateur Athletics, you should fill in this form immediately and link up in this great work. **DO IT TO-DAY!**

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Name,.....

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I enclose.....being 6 months/12 months' subscription.



# SPORTS DIARY

May.  
21—King's Park A.A.C.  
Glasgow Highland Gathering.....Ibros.  
Scottish Y.M.C.A.'s Championships, Alloa.  
Aberdeen University Championships.  
23—Western District S.A.A.A. v. Atlanta  
Westerlands.  
25—Lanarkshire Police (Confined).  
28—Edinburgh Y.M.C.A.'s Championships.  
Angus Y.M.C.A.'s Championships.  
Sea Cadet Corps.....Saughton  
Brechin Right of Way Races.  
Edinburgh Batta. Boys' Brigade.  
New Meadowbank.  
**BELLAHOUSTON HARRIERS**.....Ibros.  
Gala Harriers and Cycling Club Galashiels.  
C.C.P.R. Games and Sports Tournament  
Edinburgh.  
Glasgow Univ. Championships.....Westerlands.  
31—Glasgow and District Co-op. Youth Club.  
June.  
4—Inter-Universities Championships, Aberdeen.  
**EDINBURGH WAVERLEY F.C.**  
New Meadowbank.  
English Counties' Championships.  
Singer A.A.C. ....Dalmuir.  
Jordanhill Training College A.C.  
**CITY OF BRADFORD POLICE**, Bradford.  
6—"News of the World" British Games.  
White City, London.  
7—John Brown's Welfare Club.....Yoker.  
7/9—East. Dist. Championships and Sports Dis-  
patch Trophy.....New Meadowbank.  
9—**LANIMER DAY SPORTS**.....Lanark.  
8/9—Clonliffe Harriers' Meeting .....Dublin.  
10—Hawick Common Riding.....Hawick.  
10/11—Royal Ulster Constabulary .....Belfast.  
11—Federation of Catholic Boys' Clubs  
New Meadowbank.  
**GLASGOW POLICE SPORTS**.....Hampden.  
Ayrshire Pipe Band.....Irvine.  
11—Bathgate St. Mary's.  
13—St. Machan's A.A.C.....Helenvale.  
14—Glasgow Inter-Club Contest.....Scotstoun.  
18—**EDINBURGH LIGHTING & CLEANSING**  
**DEPT. WELFARE C.**, New Meadowbank.  
Scottish Schools' A.A. Championships.  
Inverleith.  
Fife & Kinross Y.M.C.A.'s Championships.  
Thornton.  
N.B. Rubber Co. (Confined).....Pilton.  
Babcock & Wilcox A.C.....Renfrew.  
Motherwell & Wishaw Police.  
Polytechnic Harriers and Marathon.  
Jedforest A.A.C.....Jedburgh.  
5 Club Contest.....Galdenacre.  
Drymen—Firhill Road Race.  
21—Glasgow Eastern C.C. ....Helenvale.  
21/22—Town Moor Festival Sports.....Newcastle.  
24/25—**S.A.A.A. CHAMPIONSHIPS**.....Hampden.  
25—Edinburgh Inter-Works Sports Association.  
New Meadowbank.  
Stewarton Bonnet Guild.....Stewarton.

28—Glasgow Transport A.C. ....Helenvale.  
Kilbarchan A.A.C. ....Kilbarchan.  
July.  
2—British Legion.....Murrayfield.  
Ardeer Recreation Club .....Ardeer.  
Hamilton Harriers .....Hamilton.  
English Inter-Counties' Championships.  
Braw Lads Gathering.....Galashiels.  
5—Shettleston Harriers .....Helenvale.  
6—Motherwell Y.M.C.A. Harriers ... Fir Park.  
9—Dalry Thistle and Shettleston H. ... Dalry.  
Saxone A.A.C.  
Women's A.A.A. Championships.  
White City, London.  
S.A.A.A. Junior Championships .....Ibros.  
S.A.A.A. Marathon Championship.  
Gourock—Ibros.  
Border Championships.....Peebles.  
13—Teviotdale Harriers.....Hawick.  
15/16—A.A.A. Championships, White C., London  
16—Edinburgh City Police A.C.  
New Meadowbank.  
West Kilbride A.S.C. ....Largs.  
16—Duns A.A. and C.C.....Duns.  
18—Maryhill Harriers .....Dunoon.  
20—Arbroath F.C. Supporters' Club.  
Empire Games' Fund Sports, N. Meadowbank.  
23—**LINLITHGOW TOWN COUNCIL**.  
Helensburgh Highland Games, Helensburgh.  
British Police Championships .....Hove.  
Birchfield Harriers, Waddilove Meeting.  
Birmingham.  
**NEWCASTLE U.N. SPORTS**.....Newcastle.  
Aberdeen Corp. Highland Games.....Aberdeen.  
Tillicoultry Highland Games.....Tillicoultry.  
25—Tweedside C. & A.C. Sports.....Berwick.  
27—Newcastle N.C.U.....Newcastle.  
30—West Calder A.A. Meeting.  
A.A.A. Junior Championships and Marathon  
Birmingham.  
Vale of Leven A.A.C. ....Alexandria.  
August.  
1—Great Britain v. France, White City, London.  
6—Rangers F.C. ....Ibros.  
10—Shotts Welfare .....Shotts.  
13—South Queensferry Fair.  
Triangular International .....Belfast.  
Carlisle Charity Sports .....Carlisle.  
17—Lochwinnoch A.A.C. ....Lochwinnoch.  
20—Mingavie Highland Games .....Mingavie.  
Bute Highland Games.....Rothsay.  
Ayr British Legion.  
26/27—Cowal Highland Games.....Dunoon.  
September.  
3—Edinburgh Highland Games.....Murrayfield.

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## SCOTTISH AMATEUR ATHLETIC ASSOCIATION.

# FIFTY-SEVENTH ANNUAL CHAMPIONSHIP MEETING

HAMPDEN PARK, GLASGOW

FRIDAY AND SATURDAY

24th and 25th JUNE, 1949

(FRIDAY, 6.45 P.M. and SATURDAY, 2.45 P.M.)

## FRIDAY PROGRAMME:

### ELIMINATING EVENTS—

220 Yards, 440 Yards, 880 Yards, Broad Jump, Hop, Step and  
Jump, Pole Vault, Throwing the Javelin, Throwing the Discus.

### FINALS—

Throwing Wire Hammer, Six Miles.

ENTRIES close definitely, First Post, MONDAY, 6th JUNE,  
1949, with Hon. General Secretary, JAMES GILBERT, 17  
Pearce Avenue, Corstorphine, Edinburgh, 12; or Hon.  
E.D. Secretary, W. CARMICHAEL, 38 Royal Park Terrace,  
Edinburgh, 8; or Hon. W.D. Secretary, D. McL. WRIGHT,  
17 Polwarth Gardens, Glasgow W., from whom Entry  
Forms can be obtained.

S.A.A.A. Junior Championships, Marathon Championship, and  
Senior Relay Championship, Ibros Park, Saturday, 9th July,  
1949. (Full details later).

SPORTS ORGANISERS should forward  
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